

## STUDENT OUTCOMES

- 1. Students will develop competency in many movement activities.
- 2. Students will understand how and why they move in a variety of situations and use this information to enhance their own skills.
- 3. Students will achieve and maintain a health-enhancing level of physical fitness.
- 4. Students will exhibit a physically active lifestyle and will understand that physical activity provides opportunities for enjoyment, challenge and self-expression.
- 5. Students will demonstrate responsible personal behavior while participating in movement activities.
- 6. Students will demonstrate responsible social behavior while participating in movement activities. Students will understand the importance of respect for others.
- 7. Students will understand the relationship between history, culture and games.

